

Theatre Virtual Learning

Acting 3 & 4

Sensory and Emotional Recall

May 14



Lesson: May 14

Objective/Learning Target: Understanding how to elicit sensory recall

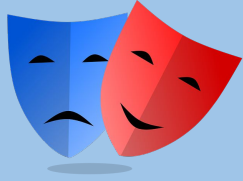


Sensory & Emotional Recall

Let's Get Started / Warm Up Activities:

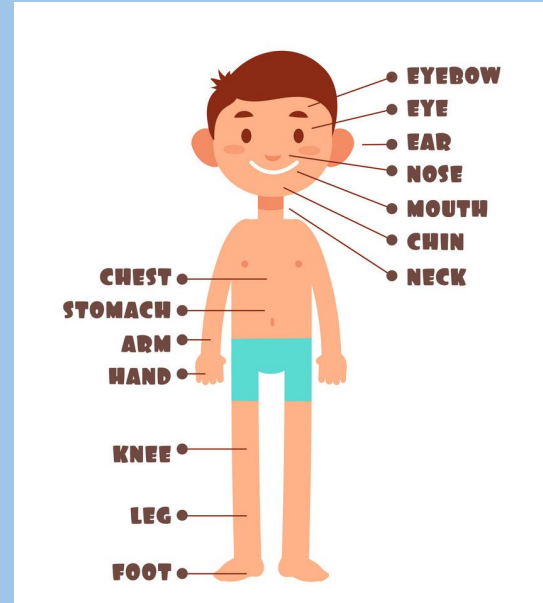
How did your video look yesterday?

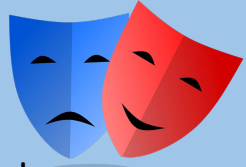
Think about how you can improve on your skills as you read today's examples.



Sensory Recall Review

- So far, we have covered the sensations involved when experiencing heat, cold, fatigue, sickness, burn, pain, and taste.
- More examples of how to use sense memory are in the following slides.
- What they all have in common is that you must inflict the sensation on one place and the necessity for you to analyze exactly how your body responds in that situation.





Sensory Recall

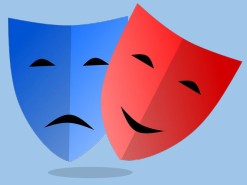
Example: Sleeping



Actors are asked to “wake up” from sleeping in many scenes.

In order to make this more realistic, you must think about what your body actually does when sleeping. Your body must be relaxed.

- 1st, settle your body on the “bed” and think about only one area. Maybe your shoulders, or your thighs. Relax them.
- Close your eyes and center them straight ahead as they are when sleeping.
- Think of something abstract like a cloud or treetops blowing in the wind.
- Think about your given circumstances in this scene: are you late? What do you have to get done?
- Open your eyes and do what the character needs. It will be much more realistic.

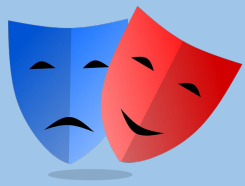


Sensory Recall

Example: Drunkenness

- This happens frequently in shows and is usually overacted.
- Find an area of the body that is the most suggestible. Give in to it and try to overcome it.
 - Wobbly knees. Try straightening and strengthening them.
 - Thick tongue: Overarticulate
 - Dizziness: eye hand coordination issues make you have each motion be deliberate and calculated
- The trick is to do just one of the above. The rest will follow.



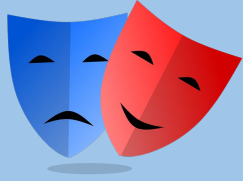


Sensory Recall

Example: Hearing

- Hearing something that the audience or you do not is a difficult task to make look realistic. You might “hear voices” or talk to someone on the phone.
- Many will just take a brief second and then act like they heard a whole sentence.
- No matter what you are “hearing”, you must play through the entire line in your mind and react to the line as it is delivered in your mind. You must make the audience believe you truly hear the lines.





Practice: Applying a Concept

- Go back through the examples and try some of them. Pick the one you think you do best.
- Video yourself doing it.
- Watch it and see if you think the acting looks real or if you need to make adjustments.